Reverse Advent Calendar 2026

In support of Manchester Central Foodbank

Collect one item a day to make up a food parcel for someone experiencing financial hardship and donate your collection to Manchester Central Foodbank during the first week of December in advance of the busy winter period!

Please do not donate items which contain alcohol.

To arrange drop-off of your donation, please contact Rob:
rob@manchestercentral.foodbank.org.uk

If you have a large donation of over five bags for life, we may be able to collect - please email for details.

Can't collect food donations yourself? Donate online here:

Day 1 Custard	**Day 2** Tinned Soup	**Day 3** Tinned Fish	**Day 4** Dental Items	**Day 5** Jam	**Day 6** Tinned Fruit
Day 7 Coffee	**Day 8** Deodrant	**Day 9** UHT Milk	**Day 10** Instant Mash	**Day 11** Cereal	**Day 12** Tinned Vegetables
Day 13 Chocolate/ Sweet Treats	**Day 14** Nappies	**Day 15** Cooking Oil	**Day 16** Porridge	**Day 17** Chopped Tomatoes	**Day 18** Teabags
Day 19 Pasta Sauce	**Day 20** Period Products	**Day 21** Shower Gel	**Day 22** Pulses	**Day 23** Curry Sauce	**Day 24** Rice Pudding
Day 25 Biscuits	**Day 26** Tinned Meat	**Day 27** Rice	**Day 28** Shampoo	**Day 29** Juice/ Squash	**Day 30** Toilet Roll